



The Sabbath Watchman

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Fact or Faith?
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The Sabbath Watchman



Beacon of hope, faith, truth in a confused world.

We believe:
The Bible to be infallible truth.

God the Father to be the one Creator and upholder of heaven and earth through His Word.

Jesus Christ to be God's Word made manifest and the world's only Saviour, who taught love revealed by obedience.

His coming to be imminent, visible, victorious over His enemies and rewarding to His children of faith.

The Holy Spirit to be His representative on earth, through whom we overcome a literal devil, Satan, the untiring instigator of evil.

The Ten Commandments to be the foundation of all enduring reform and obedience to be the result of genuine faith in the righteousness of Jesus Christ.

THE SABBATH WATCHMAN is published by Religious Liberty Publishing Association, a subsidiary of the International Missionary Society of the Seventh-day Adventist Church, Reform Movement, American Union. World War I saw responsible men of the Seventh-day Adventist Church publicly declaring it to be the duty of all Adventist men to defend their respective countries with weapons in hand, even on the Sabbath. Hundreds of staunch believers protested this stand; but their protest was not heeded, and they were disfellowshipped against their wishes. All attempts to reunite on the old platform of truth failed. This was the birth of the Reform Movement, which today is represented in all major countries.

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Evolution

Fact or Faith?



By DENNIS MULLEN, Denver, Colorado

IS evolution a scientific fact . . . or is it merely a theory in the weakest meaning of the word?

First of all, let us briefly look at the principles of the theory of evolution. The theme of evolution is "Survival of the Fittest." The mechanics by which this process is said to have come about are called mutations. The "master mind" who made the blueprint for these mutations and has supervised and directed them in their great task is called "natural (or random) selection." In other words, the whole thing is believed to have come about by chance. This earth and its many wonderful and varied forms of life are said to be nothing more than a lucky spin on the "wheel of the universe."

The controversy over the validity of the theory of evolution is in no way limited to "creationists" and "evolutionists." Many scientists today are beginning to doubt this long-held dogma for purely logical reasons.

A noted author, Jeremy Rifkin (not a creationist), in his book *Algeny*, states that evolution was the belief system that was needed to ease the conscience of society at the onset of the Industrial Revolution. The individual during this period was not esteemed very highly. History tells us that the lot of the worker in those early factories was miserable indeed. As pawns in a game, their needs were quickly sacrificed to prevent any hindrance of the onward march of progress. So it was only fitting that "Survival of the Fittest" would prevail as the philosophy to appease the masses.

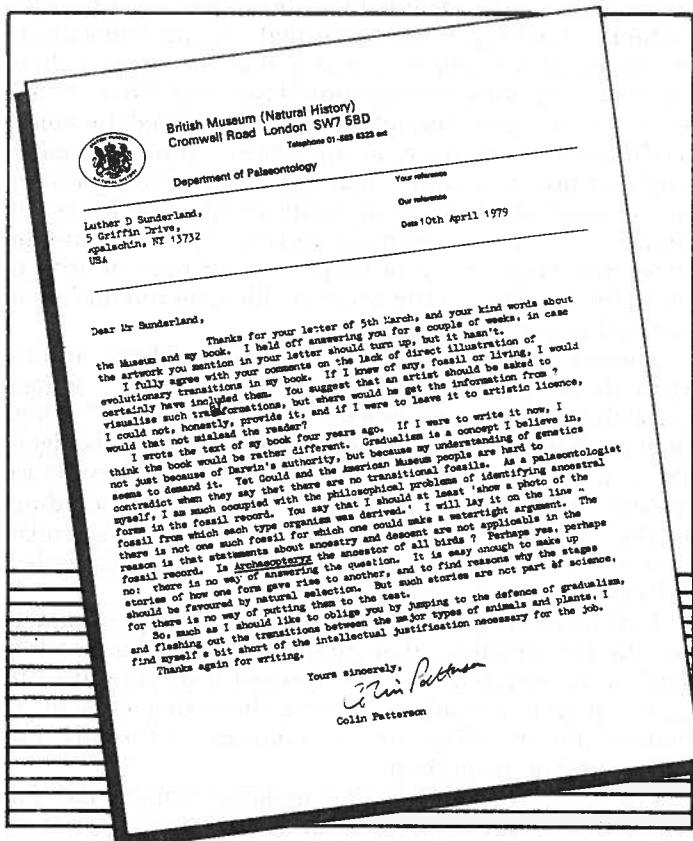
Most agricultural or pre-industrial-era societies, however, believed in some form of divine creation. The perfection, power and beauty of the nature that they were daily brought in contact with impressed upon their minds the presence of a superior intelligence as being responsible for the design and maintenance of all that they saw. Creationists, as the word implies, are scientists who believe in the Genesis account of origins. These men state that it takes much more faith from a scientific standpoint to believe in the theory of evolution than to believe the 6-day creation account as told in the Bible.

The fossil record is purported to be one of the main so-called proofs for the theory of evolution. Dr. Colin Patterson of the British Museum (considered by many the greatest fossil museum in the world) is the author of their book on evolution. In 1979, Patterson (as an atheist and evolutionist) wrote a letter in response to an inquiry from an American scientist. One of the questions asked dealt with the validity of fossils showing any kind of *proof* in favor of gradualistic evolution. In reply, Dr. Patterson stated, "I'll lay it on the line; there is not one such fossil for which you could make



The evidence the evolutionist needs to establish his claims is fossils showing a gradual step-by-step development of lower animal life into more and more complex forms.

a water-tight argument." Later in an interview he said, "The more we learn about paleontology, the more certain we are that evolution is based on faith alone." Again, he wrote, when asked why he used no illustrations of intermediate forms of life (stages between the now known species) in his book, "If I knew of any, fossil or living, I would certainly have included them."



Because of this great lack of evidence in the fossil record to support a gradual change in life forms on earth, some proponents of this theory decided to revamp it somewhat. Dr. Eldridge, a prominent evolutionist, is the author, along with Dr. Gould of Harvard, of a different kind of "Theory of Evolution." It is basically what is referred to as the "Rapid Bursts" or "Lucky Jumps" theory. He said that there are two general concepts on origins—creation and evolution—and that they "both must be accepted axiomatically [assumed]," because there is no way to test either scientifically. The simplest forms of life appear in the strata at the same time as a large

percentage of the higher life forms. All of the major phyla (or types) of present day life are found in the fossil records and yet none of these have any "bridges" or "links" between them. Out of the mouths of evolutionists we are told in so many words that the theory is comprised of stories and artists' conceptions.

The proponents of evolution have imagined that the atmosphere on earth, so many billions of years ago was quite different than it is today. They believe that poisonous gases, oceans and chemicals covered the primordial earth and some kind of energy (electrical storm, etc.) reacted upon these substances in such a fashion that amino acids were produced. Somehow these amino acids (relatively simple chemical combinations) got together in a highly complex and organized body, thus forming into proteins. Then the evolutionists claim that these proteins, by some miracle of environmental chance, got together with some other elements and formed the protoplasm that made up the first living cell. That cell in turn eventually became the recipient of cosmic or ultra-violet rays. This radiation mutated that cell's genetic code (the biochemical basis of all inherited traits) to the degree that, after a few billion years or so and many trillion changes, we ended up with the earth as it is now. Everything from "mushroom to man" is proposed to have come about from these humble beginnings.

The following experiment is considered by some as proof for this chain of events. Over 30 years ago two scientists at the University of Chicago, biochemist Stanley L. Miller and Nobel prize winning chemist Harold Urey, filled a flask with methane, ammonia, hydrogen and water vapor, *excluding all of the oxygen*. This is what they assumed our atmosphere consisted of "in the beginning. . . ." They then simulated lightning by sending electrical charges through this mixture. Within a few days the mixture began producing amino acids. What exactly does that mean? Let's imagine that their guess is correct and that amino acids were formed in reality as they were in this highly controlled laboratory situation. How do amino acids relate to actual life? Amino acids are to the simplest form of life what grains of sand are to a modern skyscraper.

Each single cell has a number of chromosomes in it (e.g. corn has 20, a human 46, etc.). Each one of these chromosomes is made up of hundreds of genes, and each one of these genes has many hundreds of chemical compounds in it. The various combinations of these chemical compounds provide the instructions that tell

The above is a photocopy of a letter written by Dr. Colin Patterson in which he states that there are no links between species. Furthermore, Dr. John Moore, in speaking at one of the annual sessions of the American Association for the Advancement of Science, stated: "Chromosome variation in animals does not correspond to predictions based on evolution theory. There is absolutely no pattern of increase of chromosome number from less complex to more complex, but this should take place if evolution were true. . . . Furthermore, hereditary material in the genes of chromosomes shows great variation, frogs having more genetic material than do humans, which contradicts the theory of evolution. Darwinism is more illogical than biological." He described the theory that man evolved from "amoeba and sea-slimes" as an "incredible religion," but not "science."

the amino acids how to form into the material necessary for the building and repair of all cells. This is an extremely complicated process. The DNA molecule is the thread that connects these genes into an organized body of information.

Viruses have approximately 10,000 bits of information in their genetic code. Bacteria have around a million. Both of these are parasites and need higher life forms as their hosts. This fact alone means they could not have possibly been the "beginning" of life on earth.

The next step up is a pretty big one. A free-swimming one-celled creature has around a half billion bits of data in its "brain." (It, on the other hand would need a less complex life form to utilize as food; as you can see, this creates quite a quandary for the evolutionists.) This genetic information must be transferred to the rest of its "body" and, of course, that takes more information. There are thousands of different kinds of proteins in a simple cell, and in that same single cell there are billions of contributors within each one of these thousands of protein categories.

It has been estimated that for this simple single cell to maintain its existence and be able to reproduce takes one trillion (1,000,000,000,000) bits of data. That is approximately the amount of data found in ten million books (or the world's largest library). Could all of that information have come together by pure chance? Let's take a look at that possibility by bringing it down to an example we can all more easily relate to. Take an average sized sentence (for instance, the preceding one). Put each character (letter, etc.) including the spaces, on a little piece of paper. Then shuffle them up real good and throw them in the air. What are the chances that they will come down in the perfect order necessary to form that sentence? The odds against the letters of only the first word falling in place are greater than ten million to one. Think about that for a moment! If your name was put in a large container along with every person who lives in the city of New York and they were mixed very thoroughly and you had *only one chance* to pick your name out of that container . . . the odds against the letters of that first word lining up in order are greater than that! Just having all of those pieces of paper landing in a straight line, in no order whatsoever, would be next to impossible! Now take those odds and multiply them times the almost innumerable odds against that same thing happening thousands of times in a row (for all of the sentences). That is what it would take for the information of the average book to "just happen" to line up in perfect order. I won't even bother mentioning what the possibilities of that happening ten million times in a row are. (Hint: the odds against it happening have more zeroes in it than everyone who ever lived could write down in their accumulated lifetimes.)

Now, let's take it a step further and think of the human body for a moment. Not only does each cell have trillions

of molecules in it, but there are trillions of those extremely complicated cells themselves in our bodies. That makes up an awfully big number of "coincidences." We would have to multiply the infinite odds against a single cell forming times many trillions. This, obviously, to say the least, borders on the ridiculous!

Moreover, it should be mentioned at this point that The Second Law of Thermodynamics states, in essence, that left to their natural inclinations, all things tend, in time, not to become more organized, but to break down into simpler, less complex forms.

With all of these facts against the possibility of life ever even beginning to "randomly" come about, it is also very interesting to note that recently a group of 150 scientists did a study of the pre-cambrian (or pre-life) atmosphere and concluded that *there was oxygen from the beginning*. Carl Sagan, the renowned scientist and author, stated, upon hearing this, that if that was correct then there was a serious contradiction! Francis H. Crick, Nobel Prize winner and discoverer of DNA (hailed by some as the greatest discovery in the last one hundred years) said that now it is known that there was oxygen present in the early atmosphere, it would be impossible, in 4.6 billion years, for a single cell to form by these random processes. He knows that oxygen would have destroyed all of the products of the original "life experiments" that are said to have taken place.

Theistic evolutionists admit to these problems, and to clear them up they give credit to some "higher being" (or beings) for having started the "ball rolling." They believe that this "force" (call it what you may) bridged the gap from non-life to life. Then he (or they or it) allowed the whole thing to follow its own course according to the "laws" set in motion. Dr. Duane Gish, scientist, author, and a very popular man within creationist circles, calls this the "Fish to Gish" theory.

Now let us suppose, by some miracle of happenstance (or the imagination), that these utterly insurmountable odds were overcome and life evolved from non-life. Or as the theistic evolutionists attest, these first steps were "taken" for us. What are the chances of this process continuing on from there?

Pro-evolutionists claim that multiple "mutations" (of a positive nature) in the genes of our supposed forefathers, the single-celled organisms, caused them to evolve into us (and every other lifeform on the face of the earth).

These mutations are chemical rearrangements in the gene molecule, DNA. Mutations do occur at an extremely slow rate in nature and can be witnessed in the many abnormalities characteristic within the various species. Albinism, dwarfism, hemophilia, Down's syndrome and all inherited diseases or deficiencies (such as nearsightedness) are the result of genetic mutations. In nature these mutations occur in the cell like a molecular "automobile accident." Xrays, radium rays, ultraviolet

Professor Henry M. Morris has shown that the theory of evolution contradicts the universally accepted laws of thermodynamics. The Second Law of Thermodynamics states that all things left to themselves always tend to go from the complex to the simple, from the organized to the disorganized. Evolution would require just the opposite—the continually building up from the simplest to the more complex forms.

Dr. N.W. Pirie of the Rothamstead Experimental Station at Harpenden, England, rejects this whole concept of spontaneous biogenesis simply on the well-founded fact that "complicated molecules such as proteins do not, in our scientific experience, arise spontaneously, even by stages. And all forms of life known today are dependent on protein."

More and more scientists with masters or doctors degrees in some field of natural science are joining forces with those who believe in creation as the

light, and certain chemicals (mustard gas, for example) can also alter the information within the chromosomes (the "home" of all hereditary factors). DNA is the "computer programming" in the chromosome of a living cell. When mutated (damaged), it has never been observed to have brought about a higher order of complexity or more organization. That would be like dropping a computer on the floor and expecting it to work better. At best, the result would be neutral and more than likely negative. So it is with the natural mutations of the genetic code.

Nevertheless, let us give evolutionists the benefit of the doubt and pretend that every so often (they say every so many thousands of years or more) a positive change does take place. There are twelve billion neurons (brain cells) in the human brain. Each of these cells has anywhere from three to ten thousand connections. That gives us somewhere around a hundred trillion connections. Now let's be extremely generous and say that on the average one of these "positive mutations" took place every year. At that rate it would have taken the human brain one hundred trillion (100,000,000,000,000) years to have evolved. If you multiply that number times the thousands (or more) of years between which each of these changes are said to have taken place, you come up with a number of years that is over a million times greater than that which evolutionists give as the age of the earth (4.6 billion years). The contradictions of the theory are definitely many.

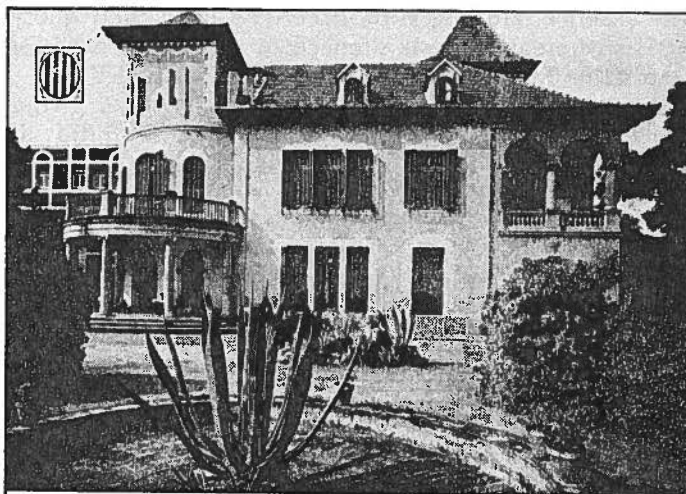
We know that genetic engineers are able to alter physical characteristics in certain organisms, but they can only alter or mix pre-existing traits. They cannot create new ones. They could never turn an antenna into an eyeball or a fin into a foot. It is true that in nature we can find a great variety among the species and that certain characteristics prevail under certain environmental conditions. This is evident in the different sizes, shapes and coloration that some species exhibit. Nonetheless, this also has definite boundaries and therefore has nothing at all to do with evolution.

Finally, there is the question, Even if all of the aforementioned aspects of evolution were within the realm of possibilities, what do we do in the meantime? That is, given that all of these impossibilities were possible and through the process of natural selection the good changes were accepted and the bad rejected, how could something like an eyeball have come into being? It would have been of no use whatsoever to its owner until completed and therefore would have been rejected very early in the process as "dead weight" and something that would have unfit it for survival. (By the way, there is no computer in the world today that has the memory to store the program it would take to make an eyeball.) What about the bees? How could the bees have gotten along without the flowers they pollinate in their nectar gathering (or vice versa)? They are both dependent upon

each other for survival. Did they both just happen to evolve at the same time?

There are many, many other intellectual and scientific arguments to be brought against the theory. It is amazing that so many otherwise intelligent men accept and expound this belief as fact.

A year and a half after Dr. Patterson of the British Museum made his comments concerning the absence of evolutionary evidence in the fossil record, he made a confession. It was during a meeting with a number of his colleagues in New York City's American Museum of Natural History. There he said that he could no longer accept the theory of evolution as some kind of revealed truth. He stated, further, that for lack of proof he was now an "anti-evolutionist." For purely logical reasons he could no longer buy the myth. In conclusion, for the same reason, I could never receive such ideas as being fact. I don't have that kind of Faith!



INTERNATIONAL YOUTH MEETINGS August 1-15, 1985

Dear youth, brothers, sisters and friends,

Greetings in the name of Jesus with Romans 1:16: "For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek." These words, central to our faith, are all about the unique gospel—yes, the good news. This was the apostle Paul's happiness and joy. Have we also experienced this?

Our turbulent times, with their allurements, tensions and problems, threaten us more and more. As young people today, we need to know where we stand, and for this we need strength! But where do we get this strength? Is the power of God at work in our lives as it should be? We are often weak, despondent and discouraged, and this makes us unhappy and dissatisfied. But what can we do? We need to be challenged, encouraged and guided again and again.

Fellowship is a great privilege, and we all need lots of it. For this purpose, we have scheduled international youth meetings for next summer, during which time we can spend our vacation time together.

This time it will be in sunny Spain at a beautiful villa near the sea. Since lodging is very reasonable, families can also afford to participate. Come and bring someone else with you. Invite your friends, relatives, acquaintances, school friends, colleagues and interested people. In short, all who appreciate hearing God's Word and enjoying Christian fellowship are welcome.

Let us be grateful that we still have the opportunity to come together. Who knows how long we will still have this privilege?

The cost for complete board and lodging is 250 DM, about \$100, depending on the exchange rate, for the two weeks. Children up to 12 years are less.

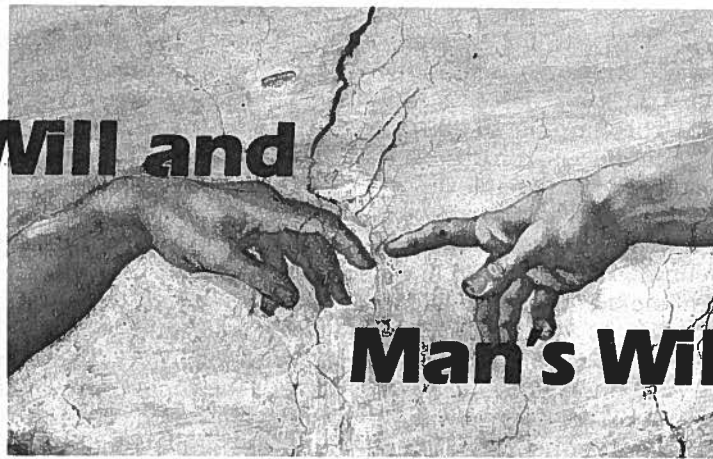
Send your reservations to: Hans Klos, Reutergasse 15, 6301 Fernwald 3, West Germany. Telephone: (0049) 6404/2536. Reservations close June 1, 1985. I hope to hear from you soon!

HANS KLOS, Youth Leader

explanation for man's origin. Time magazine of February 25, 1985, however, reported that "Although they have lost legal battles in Arkansas, Texas and most recently Louisiana to require their teachings in public school biology classes, the creationists continue their attack against evolution."

Regardless of the arguments, a quiet faith in a loving Creator and Redeemer answers the God-ache best.

God's Will and



Man's Will United

By J.H. SMIKLE, Jamaica

As a young boy He stayed behind in Jerusalem in defense of His Father's word. His earthly parents were a day's journey from Jerusalem when they discovered His absence. Finding Him three days later, their query of His whereabouts was silenced by the question: "Wist ye not that I must be about My Father's business?"

As a man without sin, He was baptized after giving the testimony, "for thus it becometh us to fulfill all righteousness." He was fulfilling His Father's will, as revealed in a voice from heaven which echoed: "This is My beloved Son in whom I am well pleased."

Shortly after this, He fasted as a man for forty days and forty nights. At the end of this ordeal, He overcame three of the worst temptations man has ever encountered with the final words to the tempter: "Thou shalt worship the Lord thy God and Him only shalt thou serve."

Ponder His ministry. He healed the sick, forgave sinners, raised the dead, calmed the sea, rebuked hypocrites, preached salvation to the hopeless, comforted the sorrowful, fed the hungry, blessed the children and much more, in accordance with His prayer "Our Father which art in Heaven . . . Thy will be done. . . ."

Review His trials, a man as we are. Listen to His agonizing prayer in Gethsemane. There "His sweat was as it were great drops of blood falling to the ground," surrounded by a great horror of darkness. The sins of the world were upon Him; He was suffering in man's stead as a transgressor of His Father's law. The divine light of God was receding from His vision, and He was passing through the hands of the powers of darkness.

In His soul anguish He laid prostrate on the cold, damp earth with a realization of His Father's frown. He had taken the cup of suffering from the lips of guilty man and proposed to drink it Himself, in its place giving to man the cup of blessing. The wrath that would have fallen upon man was now falling upon Christ. It was there that the mysterious cup trembled in His hand. Three times He prayed, "O My Father, if it be possible let this cup pass from Me: Nevertheless not as I will but as Thou wilt." Behold Jesus, a man with feelings like our own, as His three closest disciples slept while He suffered for them, yet He prayed, "THY WILL BE DONE."

He was betrayed and taken prisoner, followed by an angry, armed mob, carried across the brook Kedron in the dark hour of midnight through the silent streets of a sleeping city. Tightly bound and unresisting, He was taken to the house of Annas, the old, wily ex-high priest, then to the violent young Caiaphas, who reviled Him,

while Peter denied Him three times. Look at Him, taken to Pilate's judgment hall and from thence to Herod and back to Pilate. There were insults and mockeries mixed with scourging as He was crowned with thorns. He had to climb Mount Calvary with a heavy wooden cross which He could not carry for long. He was nailed on the same cross, pierced in His side while praying for His murderers, according to His Father's will.

Consider the same Man being buried. Wonder at His resurrection and look back at His glorious ascension. Be prepared for His triumphant, marvelous and glorious return to earth as "King of kings, Lord of lords, and conquering Lion of the tribe of Judah." Look for Him now, not as a man like us but as Jesus Christ, the Son of God, the Saviour of the world.

What enabled Christ to go through all the above suffering and much more? Let Him answer, "I can of Mine own self do nothing: . . . because I seek not Mine own will, but the will of the Father which hath sent Me." John 5:30. "God's Will and Man's Will UNITED." As God, Christ had the will to save man; as man, Christ desired that man be saved. As man, He was separated from God by man's sin. To be reunited He had to overcome sin and pay the penalty of sin—misery and death. God's will is for man to be saved. To fulfill this Christ had to unite His will as man with God's will to carry out the wonderful plan of salvation.

For one to fully understand this topic, we need to define the term "will."

According to the Winston dictionary, it is (i) the power to decide upon and carry out a course of action, (ii) control exercised over impulse; self-control; as, "will" conquers habit, (iii) a deliberate choice, desire, intention or determination directed toward a special end or purpose; as the "will" to live helps a patient to recover, (iv) strong determination; hence enthusiasm, energy; as, he went to work with a "will," (v) the power to act as one wishes or sees fit; as, he comes and goes at "will."

All these definitions are in one way or another related to our being saved. We all have this mighty force in us. Being made FREE MORAL AGENTS with the power of choice, we inherit a will power. Under inspiration, Ellen G. White defines the will as "the spring of all your actions." She states that, "Pure religion has to do with the will. The will is the governing power in the nature of man, bringing all the other faculties under its sway. The will is not the taste or the inclination, but it is the deciding power which works in the children of men unto obedience

to God or unto disobedience.”—Ellen G. White, *Testimonies for the Church*, vol. 5, p. 513.

Let us now consider the vital question of who owns man's will. “This will, that forms so important a factor in the character of man, was at the Fall given into the control of Satan; and he has ever been working in man to will and to do of his own pleasure, but to the utter ruin and misery of man. But the infinite sacrifice of God in giving Jesus, His beloved Son, to become a sacrifice for sin, enables Him to say, without violating one principle of His government: ‘Yield yourself up to Me; give Me that will; take it from the control of Satan, and I will take possession of it; then I can work in you to will and to do of My good pleasure!’ When He gives you the mind of Christ, your will becomes as His will, and your character is transformed to be like Christ's character.” —*Testimonies for the Church*, vol. 5, p. 515. No wonder we are saved by His righteousness.

Because of God's invitation “. . . to yield yourselves unto Him . . . as instruments of righteousness . . .” (Romans 6:12, 13), man's will becomes engaged in a conflict between right and wrong. In vision one of God's servants “saw evil angels contending for souls, and angels of God resisting them.” The conflict was severe. Evil angels were crowding about them, corrupting the atmosphere with their poisonous influence and stupefying their sensibilities. Holy angels were anxiously watching these souls and were waiting to drive back Satan's host. But it is NOT the work of good angels to control minds against the will of individuals. Jesus will not commission holy angels to extricate those who make no effort to help themselves.


“In this conflict of righteousness against unrighteousness, we can be successful only by divine aid. Our FINITE WILL must be brought into submission to the WILL OF THE INFINITE; the human will must be blended with the divine. This will bring the Holy Spirit to our aid . . . to the restoration of His image in the soul.” —Ellen G. White, *Messages to Young People*, pp. 52, 53, 55.

There is a marked contrast between surrendering the will to Satan and surrendering that will to God. According to God's word, “When the will is surrendered to Satan, to what depths of vice and folly will not men descend! In vain does truth appeal to the intellect; for the heart is opposed to its pure principles.” On the other hand, “peace and rest will come to you as you bring your will into subjection to the will of Christ. . . . The love of Christ will rule in the heart. . . . The hasty, easily roused temper will be soothed and subdued by the oil of Christ's grace. The sense of sins forgiven will bring that peace that passeth all understanding. There will be an earnest striving to overcome all that is opposed to Christian perfection. Variance will disappear. He who once found fault with those around him will see that far greater faults exist in his own character.” —*Testimonies for the Church*, vol. 5, pp. 64, 73.

Our study on this important subject of “God's Will and Man's Will United” would be incomplete without the consideration of what God's will is and how it is revealed. “The Lord is . . . not willing that any should perish, but that all should come to repentance.” 2 Peter 3:9. “Higher than the highest human thought can reach is God's ideal for His children. Godliness—godlikeness—is the goal to be reached.” —Ellen G. White, *Education*, p. 18. Such

is God's will. In the Spirit of Prophecy writings we note that there are three ways in which the Lord reveals His will to us, to guide us, and to fit us to guide others. How may we know His voice from that of a stranger? How shall we distinguish it from the voice of a false shepherd? God reveals His will to us in His word, the Holy Scriptures. His voice is also revealed in His providential workings; and it will be recognized if we do not separate our souls from Him by walking in our own ways, doing according to our own wills, and following the promptings of an unsanctified heart, until the senses have become so confused that eternal things are not discerned, and the voice of Satan is so disguised that it is accepted as the voice of God.” —*Testimonies for the Church*, vol. 5, p. 512. The third revelation of God's will is done through the appeals of His Holy Spirit.

Having come to an understanding of the reward of uniting our will with God's will, the decision to unite your will with His will lies in your power. “It is for you to yield up your will to the will of Jesus Christ; and as you do this, God will immediately take possession and work in you to will and to do of His good pleasure. Your whole nature will then be brought under the control of the Spirit of Christ, and even your thoughts will be subject to Him. You cannot control your impulses, your emotions, as you may desire; but you can control the will, and you can make an entire change in your life. By yielding up your will to Christ, your life will be hid with Christ in God and allied to the power which is above all principalities and powers. You will have strength from God that will hold you fast to His strength; and a new light, even the light of living faith, will be possible to you. *But your will must cooperate with God's will*, not with the will of associates through whom Satan is constantly working to ensnare and destroy you.” —*Testimonies for the Church*, vol. 5, p. 514.

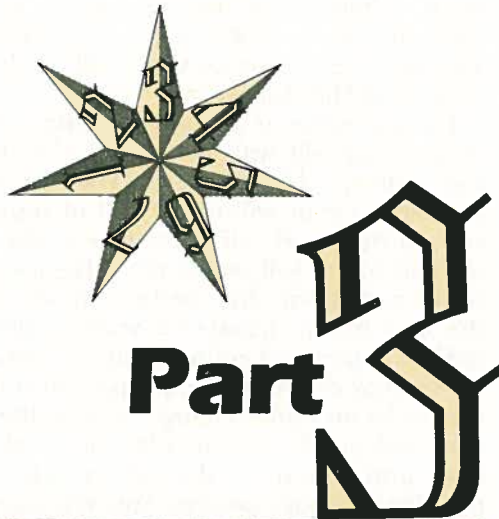
“Not every one that saith unto Me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of My Father. . . .” “Forasmuch then as Christ hath suffered for us in the flesh, arm yourselves likewise with the same mind: for he that hath suffered in the flesh hath ceased from sin; that he no longer should live the rest of his time in flesh to the lusts of men; but to the will of God.” Matthew 7:21; 1 Peter 4:1, 2. 

For a missionary report of the recent conference in Jamaica, see page 17.

As many of you know, the work in the Caribbean is going forward by the grace of God. We ask your prayers and support for this work. The islands are full of hungry, searching souls awaiting the sound of the truth. Brother Timo Martin of Canada reported in The Young Reformer that on a recent trip to Trinidad he came in contact with many “who have separated themselves from the Seventh-day Adventist Church whose main purpose is to proclaim the 1888 Righteousness message. We presented to them the history and prophecies concerning Reformation.” After only one week of visits and studies, “some took their stand with the Reformation, and we arranged a Sabbath school and prayer meetings in the name of the Seventh-day Adventist Church, Reform Movement.”

Religious Liberty Pub. Assn. is seeking contributions to the Literature Fund to help support this work. Your liberality will help spread the news of Jesus' soon coming!

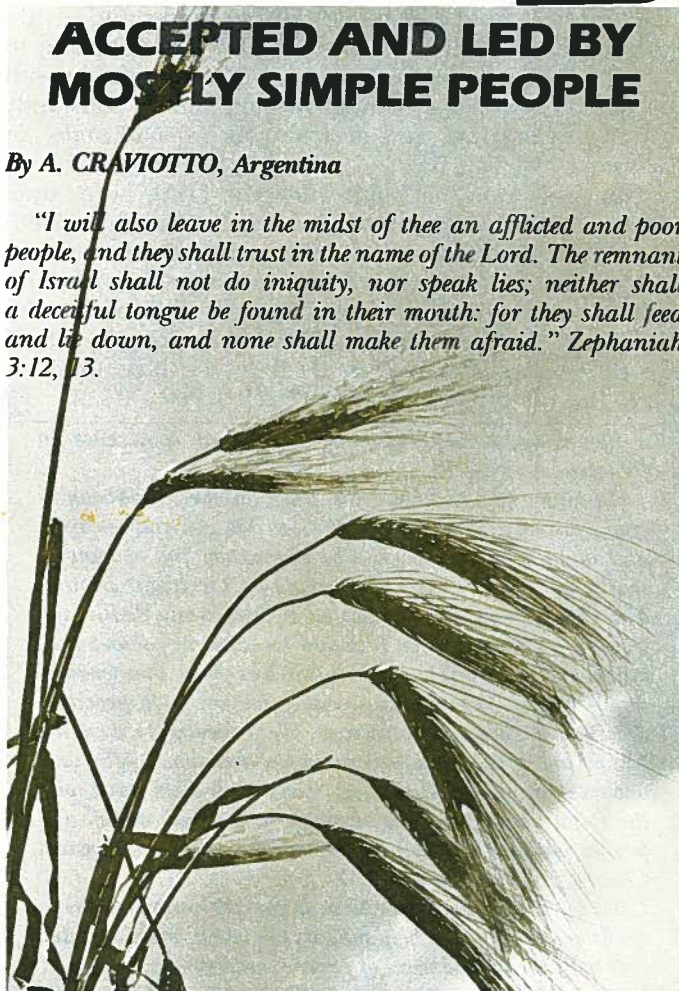
Seven Points Distinguishing True Reformation



ACCEPTED AND LED BY MOSTLY SIMPLE PEOPLE

By A. CRAVIOTTO, Argentina

"I will also leave in the midst of thee an afflicted and poor people, and they shall trust in the name of the Lord. The remnant of Israel shall not do iniquity, nor speak lies; neither shall a deceitful tongue be found in their mouth: for they shall feed and lie down, and none shall make them afraid." Zephaniah 3:12, 13.



IF we take a look at the history of God's people, we will understand that it has always been simple people who have accepted the divine message. This is not to say that all intellectual people have rejected it, for many like the apostle Paul have understood and accepted the message, because they were humble. Many among the wealthy have also been humbly waiting to learn of God and to better understand His requirements so they might do them. But many more have turned from the truth because of pride, self-sufficiency and selfishness. Those who do not want to hear the message of God and try to evade the truth because of a large ego lose great opportunities. They continue on the path of darkness and error, joined by many who once rejoiced in the truth but were unwilling to give up all for the Master.

God proves His people. There were many in Israel who were proud, just as there were many who were truly humble. The difference was not always apparent until crisis came. The humble remained firmly on the way of truth, while the proud left the way of righteousness. There have always been two classes of worshipers. History has repeated again and again the scene which Christ illustrated in the parable of the publican and the Pharisee. Luke 18:10-14.

When Jesus left the proud rabbis and gathered a group of humble men, many could not understand why. He sought those who were ready to leave everything for the truth's sake. He needed men of decision, to be His disciples—humble men. While the religious leaders kept on studying the scrolls, trying to understand all the predictions about the Messiah, the Prince of heaven appeared—born in a stable among animals only a few miles from Jerusalem. This was altogether too low a situation for the Deliverer of Israel, they felt, and they rejected Him. He did not meet their expectations, and His actions did not coincide with their false hopes. "He came unto His own, and His own received Him not." "Unto you first God, having raised up His Son Jesus, sent Him to bless you, in turning away every one of you from his iniquities." John 1:11; Acts 3:26.

The great reformers of the middle ages also struggled against wholesale unbelief and hard trials to push forward the message of truth in their day. They had special help, however, because they were humble before God, and He used various means to preserve in them these noble virtues. Concerning one we read: "But it was not merely to preserve Luther from the wrath of his enemies, nor even to afford him a season of quiet for these important labors, that God had withdrawn His servant from the stage of public life. There were results more precious than these to be secured. In the solitude and obscurity

of his mountain retreat, Luther was removed from earthly supports and shut out from human praise. He was thus saved from the pride and self-confidence that are so often caused by success. By suffering and humiliation he was prepared again to walk safely upon the dizzy heights to which he had been so suddenly exalted." —Ellen G. White, *The Great Controversy*, p. 169.

What about Wycliffe?

Wycliffe was prominent in his time as one who worked with zeal, courage and faith. "God had appointed to Wycliffe his work. He had put the word of truth in his mouth, and set a guard about him that this word might come to the people. His life was protected, and his labors were prolonged, until a foundation was laid for the great work of the Reformation.

"Wycliffe came from the obscurity of the Dark Ages. There were none who went before him from whose work he could shape his system of reform. Raised up like John the Baptist to accomplish a special mission, he was the herald of a new era. . . .

"Wycliffe was one of the greatest of the Reformers. In breadth of intellect, in clearness of thought, in firmness to maintain the truth, and in boldness to defend it, he was equaled by few who came after him. Purity of life, unwearying diligence in study and in labor, incorruptible integrity, and Christlike love and faithfulness in his ministry, characterized the first of the Reformers. And this notwithstanding the intellectual darkness and moral corruption of the age from which he emerged." —*The Great Controversy*, pp. 92-94.

Thus God has called faithful, decisive and righteous men at all times to forward the work of Reformation. Because of their outstanding traits of humility and love, they accomplished a great work for the well-being of their contemporaries. The testimony of their writings is still a blessing for the good of humanity.

And Today?

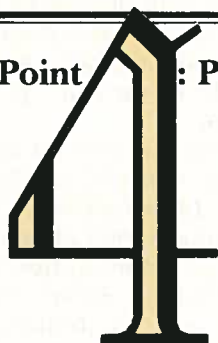
Unfortunately, we are living at a time when the professed people of God have lost their direction to Canaan. Self-sufficiency and lack of humility have separated them from the Lord. "So then because thou

art lukewarm, and neither cold nor hot, I will spue thee out of My mouth. Because thou sayest, I am rich, and increased with goods, and have need of nothing; and knowest not that thou art wretched, and miserable, and poor, and blind, and naked." Revelation 3:16, 17. This is the condition of the Laodicean period. But we thank the Lord that He has always had a remnant which fight to hold the standards aloft, and today this remnant is the Reform Movement.

The majority has always rejected the remnant. But in spite of this the work of God has gone steadily forward as His people have looked to the Author and Finisher of their faith. Just as Christ was rejected, maligned and misunderstood, so the Reformers who have defended God's word have at all times been rejected. For this reason, those who are seeking to uplift the divine principles will be separated from those who have disregarded God's requirements. "As the light and life of men was rejected by the ecclesiastical authorities in the days of Christ, so it has been rejected in every succeeding generation. Again and again the history of Christ's withdrawal from Judea has been repeated. When the Reformers preached the word of God, they had no thought of separating themselves from the established church; but the religious leaders would not tolerate the light, and those that bore it were forced to seek another class, who were longing for the truth. In our day few of the professed followers of the Reformers are actuated by their spirit. Few are listening for the voice of God, and ready to accept truth in whatever guise it may be presented. Often those who follow in the steps of the Reformers are forced to turn away from the churches they love, in order to declare the plain teaching of the word of God. And many times those who are seeking for light are by the same teaching obliged to leave the church of their fathers, that they may render obedience." —Ellen G. White, *The Desire of Ages*, p. 232.

This point needs no further comment, except to say that all who have joined or will join the Reform Movement, desiring to acknowledge the prophetic word and live up to the divine principles, will experience the same things that Christ, His disciples, and the great Reformers have experienced.

Point 4: Presented as a work of Satan



"But when the Pharisees heard it, they said, This fellow doth not cast out devils, but by Beelzebub the prince of the devils." "But the Pharisees said, He casteth out devils through the prince of the devils." Matthew 12:24; 9:34.

Jesus wept over Jerusalem when He viewed the spiritual condition of those who imagined themselves to be God's favored people. But the warm tears of Earth's Redeemer were not able to soften the hardened, erring, proud hearts of men who had lost sight of the light of truth. Though they performed with exactness the very services that pointed to His work, they refused to see that they were performing a mere mechanical form, all the time making religion a heavy burden to the masses—burdens which they themselves would not even lift their little finger to lighten. Their influence caused many to turn from faith in the Messiah and trust in the temple and its services for salvation.

This sequence has happened again and again. Men desire to bring some credit to themselves for their salvation and thus discredit God's free mercy. Therefore

the prophet Isaiah was obliged to say, "... O My people, they which lead thee cause thee to err, and destroy the way of thy paths." Isaiah 3:12. In another place he said of Israel that "His watchman are blind: they are all ignorant . . . they are shepherds that cannot understand: they all look to their own way, every one for his gain, from his quarter." Isaiah 56:10, 11.

When Sister White saw what danger was approaching the Adventist Church, she wrote that "The present attitude of the church is not pleasing to God. There has come in a self-confidence that has led them to feel no necessity for more truth and greater light. We are living at a time when Satan is at work on the right hand and on the left, before and behind us; and yet as a people we are asleep. God wills that a voice shall be heard arousing His people to action." —Ellen G. White, *Gospel Workers*, p. 300.

When Luther and his contemporaries brought the message of Reformation, the opposition of the religious leaders was extremely strong. The Reformers were represented as satanic agents and enemies of truth and righteousness. Like Christ, they were rejected, mistreated, and accused. Rocks of offenses were placed in their way, and they were stigmatized before the people as evil, devilish men. Despite the limited success of these accusations, God's servants proclaimed the divine message with endurance under the power of the Holy Spirit, and the Reformation grew and bore fruit. Even today we enjoy the results of its existence.

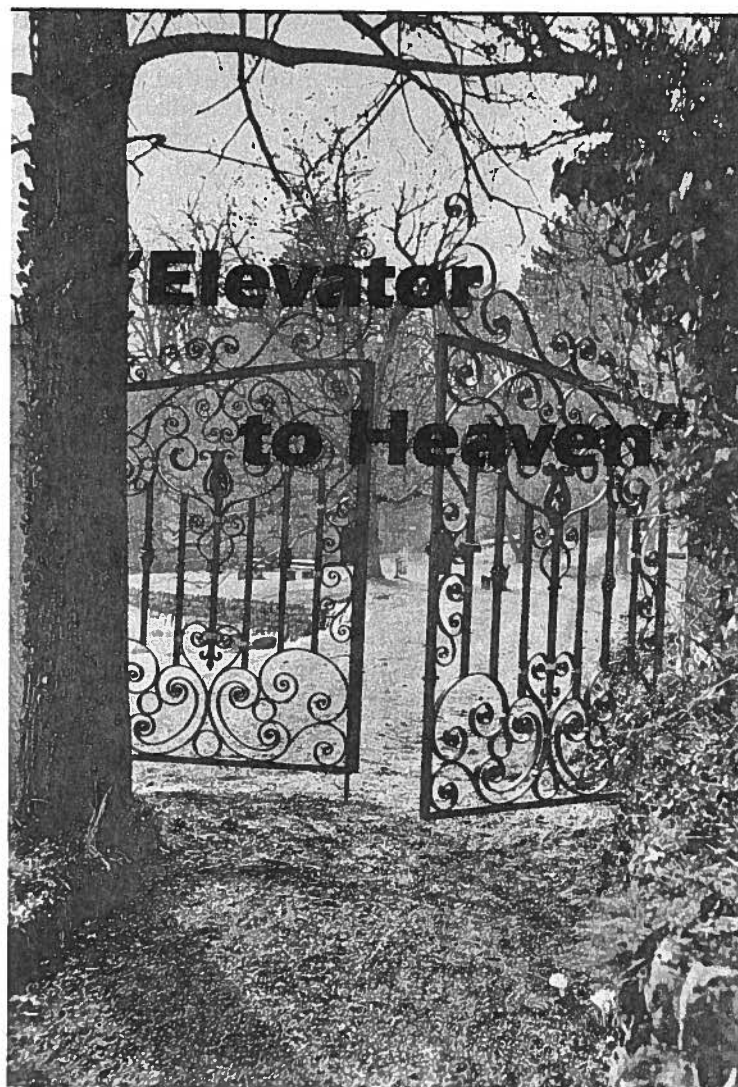
When the leaders of the Seventh-day Adventist Church resisted the Reformation and declared its messengers devilish agents, they placed themselves on the same ground with the rabbis of Christ's day as well as those who opposed Luther and Wycliffe. To understand this point one need but study the "Protocol" of Friedensau.

The four (4) points which have been covered so far show that the true Reformation has a solid foundation in prophecy, fulfills the divine requirements and is foreshadowed in history. Reformers are not destroyers. John the Baptist did not desire the destruction of Herod, but his repentance, so that he might receive divine mercy. Noah as well did not wish to see his neighbors destroyed but desired to move them to true repentance so they might be saved. Noah, John, Christ, Wycliffe, Luther and many, many more were all opposed and scoffed at. We should not marvel that the Reformation of our day should meet heavy resistance—especially from those who have taken their eyes off the meek and lowly Jesus and thus allowed themselves to be removed from among God's people. Such individuals seek to justify themselves in the frailty of their former brethren. In doing this they show that their religion is made up of what man does, not what God has done and is doing through His Son. Very often these are active servants of sin and error and they are used to fight against the truth under a cloak of righteousness. "Hear the word of the Lord, ye that tremble at His word; Your brethren that hated you, that cast you out for My name's sake, said, Let the Lord be glorified: but He shall appear to your joy, and they shall be ashamed." Isaiah 66:5.

When the Lord comes, may He find us at peace with Him. Then He shall appear to our joy and not our shame. May the Lord help us as we study further.



(To be continued)



By CHRIS TESKE, Sacramento, California

HAVE you ever taken a ride in an elevator? How do you make it move? It has strong cables for support and transport from one place to another; but those cables, no matter how strong, will not of themselves cause you to move to your desired location. But inside the elevator, on the wall near the door, is a panel with buttons on it. These buttons can cause us to go *up*, *down*, or put us on *hold* so we can't go anywhere. We only need to press them.

In this article we want to catch the elevator and press the button that will take us up and not stop until we reach the *Throne of Grace*.

If this was a real elevator and an actual ride to our heavenly destination, how would you feel? What would you be thinking about? Perhaps you would be excited, happy, or nervous, thinking of the One you would meet at the journey's end. Or would your mind be filled with concerns of the world and of your life as it is today? Or maybe there would be forebodings of woe . . .

Once the movement stops and the doors open, we wouldn't just want to stand in the doorway. We'd want to get out. Who would you like to see first? I, personally, would want to see Jesus first. But where should we look for Him? "For Christ is now entered into the holy places



INVITATION **1985 American Union** **Conference**

Covenant Heights Bible Camp
Estes Park, Colorado
August 22-25, 1985
(303) 586-2900

You are cordially invited to attend the 1985 American Union Conference, which will be held August 22-25, 1985. And if you are or will be between the ages of 13 and 35, you are also invited to participate in the **American Union Youth Conference**, which will be held **August 19-21, 1985**, at the same location: Covenant Heights Bible Camp.

Accommodations

The camp is ours to use from Monday, August 19, through Sunday, August 25. If you are not attending the Youth Conference or the Delegates' Meetings, you can still arrange to stay at the camp while visiting the many natural wonders of the area, including the breathtaking scenes of Rocky Mountain National Park.

Agenda

The Youth Conference will begin Monday morning, August 19, and end Wednesday evening, August 21.

The delegates will first meet at 9:00 a.m. on Tuesday, August 20.

The American Union Conference will start at approximately 9:00 a.m. on Thursday, August 22.

**ONE COUPON
PER PERSON**

REGISTRATION FORM

1985 AMERICAN UNION CONFERENCE
Covenant Heights Bible Camp, Estes Park, Colorado
August 19-25, 1985

Mr. _____ Male ☐
 Name Mrs. _____ Female ☐
 Miss _____ Single ☐
 Address _____ Married ☐

City, State, Postal Code _____

Phone _____ Date of Birth _____

Arrival Date _____ Time, if known _____

Manner of Travel (Car, Plane, Bus, RV, etc.) _____

I need accommodations at Covenant Heights for the following nights:

☐ Mon. ☐ Tues. ☐ Wed. ☐ Thurs. ☐ Fri. ☐ Sabbath

Check type of accommodations desired: ☐ Dormitory ☐ RV with meals ☐ RV without meals ☐ Cabin

☐ I will be attending the Youth Conference

This Reservation Coupon must be received no later than Friday, August 9, 1985

Mail with fees payment to:

S.D.A. Church, Reform Movement, 5650 S. Syracuse Circle, #118, Englewood, CO 80111

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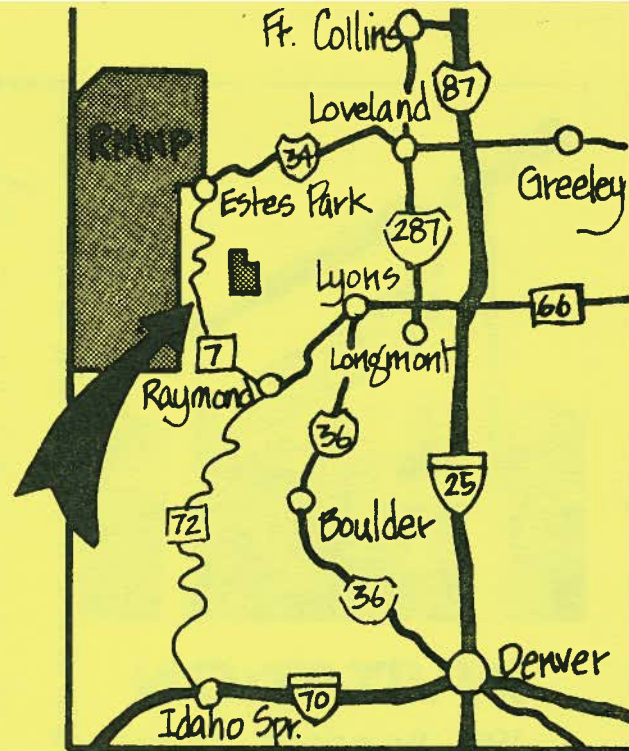
Cabin # _____
 Length of Stay _____
 Fees _____
 RV Fees _____
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Cabin # _____
 Length of Stay _____
 Fees _____
 RV Fees _____
 Meal Fees _____
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 Date _____



Location and Travel

Covenant Heights Bible Camp is nestled between majestic Long's Peak and popular Twin Sisters Mountains just nine miles south of Estes Park, Colorado, on Route 7—only 70 miles north of Denver.

By Car: From Denver take Highway 36 through Boulder to Lyons. At the Lyons intersection, turn left (west) onto Highway 66 for approximately one mile. Follow Highway 7 through Raymond to Covenant Heights.

From the north, turn west off of Highway 25 onto Highway 66 and travel to Lyons. From Lyons, follow Highway 7 through Raymond to Covenant Heights.

By Plane or Bus: If you plan to fly into Denver, try to arrive at either 10 a.m. or 3 p.m. Go to the Trailways Bus desk at the airport. At 11 a.m. and at 4 p.m., the driver of the Estes Park Bus Co. bus will be at the airport to escort you to his bus and drive you to the camp. (This same bus leaves the Denver Bus Terminal at 10:30 and 3:30.) The price is \$11.00 one way, \$20.00 round trip; travel time: about 2 hours. If you cannot catch this bus, contact the conference coordinator as much ahead of time as possible so other arrangements can be made.

Rates

Dormitory Rate per person per day
(Includes three meals per day, insurance, blanket and pillow. No linens, pillow case or sheets provided.)

Age 12 and over: \$14.50
Age 6-11: 12.00
Age 3-5: 9.00
Under 3: 1.00

RV Area Rate per person per day
(Includes three meals per day, insurance and a \$2.00 site fee per day)

Age 12 and over: \$11.50
Age 6-11: 9.00
Age 3-5: 7.00
Under 3: 1.00

RV Area Rate Without Meals

\$1.50 per person per week and \$5.00 per site per day

Separate Meals

Age 12 and over: Breakfast \$2.25; Lunch \$4.00; Dinner \$3.00
Age 6-11: Breakfast \$1.50; Lunch \$3.00; Dinner \$2.25
Age 3-5: Breakfast \$1.00; Lunch \$2.00; Dinner \$1.50

Cabin Rates

For family cabins add \$3.00 per person per night. Linens are included with cabin fees.

Cabin accommodations are limited and will be allocated on a first come, first served basis.

Contact the Conference Coordinator for any special requirements or to answer questions:

Barbara Watts

S.D.A. Church, Reform Movement
5650 S. Syracuse Circle, #118
Englewood, CO 80111
(303) 363-9853 (Church phone)
(303) 850-9774 (Work phone)
(303) 841-3105 (Home phone)

Further details will be forthcoming by mail or in *The Sabbath Watchman*.

Now is the time to make your plans and reservations to attend this blessed fellowship and spiritual feast. Reserve your place by sending in one of the attached coupons.

ONE COUPON
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made with hands, which are the figures of the true; but into heaven itself, now to appear in the presence of God for us." Hebrews 9:24. We must go to the place where He is—in God's presence. But where is that? A sign nearby tells us to look for a rainbow. "And immediately I was in the spirit: and, behold, a throne was set in heaven, and *One* sat on the throne. And He that sat was to look upon like a jasper and a sardine stone: and *there was* a rainbow round about the throne, in sight like unto an emerald." Revelation 4:2, 3. "The rainbow of promise encircling the throne on high is an everlasting testimony that 'God so loved the world that He gave His only begotten Son, that whosoever believeth in Him should not perish but have everlasting life.' John 3:16. It testifies to the universe that God will never forsake His people in their struggle with evil. It is an assurance to us of strength and protection as long as the throne itself shall endure."—Ellen G. White, *God's Amazing Grace*, p. 70.

What should we do once we've arrived at the throne of grace? "Be still and know that I am God." Psalm 46:10.

After your heart stops pounding and the excitement of everything settles, how would you approach God? Many wouldn't like to come close to Him because of fear. Some perhaps would like to quietly creep in unnoticed, but God's word is very clear in this matter, for we are told: "Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need." Hebrews 4:16.

Although we today cannot take an elevator and come to stand physically in God's presence in heaven, we can nevertheless "come unto the throne of grace . . ." in reality. How can this be? "And another angel came and stood at the altar, having a golden censer; and there was given unto him much incense, that he should offer *it* with the prayers of all saints upon the golden altar which was before the throne. And the smoke of the incense, *which came* with the prayers of the saints, ascended up before God out of the angel's hand." Revelation 8:3, 4. It is through prayer that we come to the throne of grace.

We're often so busy, and our quiet times aren't always utilized in this way. But did you know that it was the same in Jesus' day when He was here? "And the apostles gathered themselves together unto Jesus, and told Him all things, both what they had done, and what they had taught. And He said unto them, Come ye yourselves apart into a desert place, and rest a while; for there were many coming and going, and they had no leisure so much as to eat. And they departed into a desert place by ship privately." Mark 6:30-32.


How often do we take time to tell Jesus all things, to find a quiet place where we can converse with Him privately? This is what He wants us to do. "Rejoice in the Lord alway: *and* again I say, Rejoice. Let your moderation be known unto all men. The Lord *is* at hand." Philippians 4:4, 5. We never need to worry that He won't have time for us. Paul said: ". . . Let your requests be made known unto God."

How would you feel if when you earnestly desired to help someone, he or she doubted your willingness to help? It could become very trying, but don't we often do the same thing to Jesus? We need to exercise more faith in God's word, believing that it means what it says.

If you aren't sure just what to say in your quiet times with the Lord, the following suggestions should make things a little easier. We can pray—

1. For grace to enable us to share the truths of God with others.
2. For strength to help the weak and those in need around us.
3. To understand what the will of the Lord is.
4. For greater faith in Jesus as our own personal Saviour.
5. That we might know Him as He really is.
6. That we can know the truth and daily live it out.
7. That sin can be conquered in our lives.
8. That we can put away the past, look forward to the future, and enjoy the present.
9. That we will be ready when Jesus comes to take us home.
10. That we may openly be more thankful for all the rich blessings given to us.

In closing, Sister White writes how our prayers should be: "Our prayers should be full of tenderness and love. When we yearn for a deeper, broader realization of the Saviour's love, we shall cry to God for more wisdom. If ever there was a need of soul-stirring prayers and sermons, it is now. The end of all things is at hand. O, that we could see as we should the necessity of seeking the Lord with all the heart! Then we should find Him. May God teach His people how to pray."—*God's Amazing Grace*, p. 92.

One day, with much glory and honor, if faithful, we will make a grand procession in a heavenly elevator to stand in the presence of God. Let's prepare now as we have opportunity to visit as much as possible with the Lord with whom we plan to spend eternity. 

The Gates of Pearl

Oh, how I long to enter that beautiful city,
With its streets of gold and gates of pearl,
As we shall hold hands with each other,
Every one, every little boy and girl.

And we'll sit down to that silver table
Filled with the bounties of heaven so fair.
I pray we shall be there together
Without even one vacant chair.

I read in the Bible of that beautiful city
Far, far away from here away up in the sky.
It will be the home of God's children eternally
When they meet in the sweet bye and bye. . . .

How can you say NO! to Jesus' invitation,
To His entreaties of love, sacrifice and tears?
Remember He died on the cruel cross for you,
So put away your unbelief, doubts and fears. . . .

Why do you hesitate, why wait so long, my brother?
Why not accept Him now, O, why not accept Him today?
There is no one else who can help you but Jesus;
The Bible says: "He is the life, the truth and the way."

How can you procrastinate, O how can you say no
To Him who loves you and entreats you with loving care?
O, how He suffered and died on the cruel cross for you;
O, to be His forever, you must not now fail to prepare.

—J.Z. Walker

Heavy Metal: Recipe for Poison

By JERRY EATON, Denver, Colorado

THE story is told of Jethro Kloss, the famous author of *Back to Eden*, coming home one day from the store with a shiny new set of aluminum cookware for his wife. He told her how the cookware was such a bargain at a very low price. Also, it was lightweight and heated very evenly. Of course, his wife was happy and resolved to use the cookware soon thereafter.

All was well until a subtle change began to come into the household. Jethro, the head of the house and long advocate of natural remedies, began to feel terrible, with all the symptoms of dyspepsia and indigestion. Also, he felt bedraggled and worn out with no energy. He couldn't think of what the problem might be, and then he realized, "I've only begun to feel this way since I brought home that aluminum cookware!" Sure enough, steadfast Jethro decided to do an experiment with his aluminum cookware. He found that when food was left any length of time in those bright, shiny pots not only did the pans themselves become quite dark and discolored inside but the food spoiled. "It sure had the taste of yesterday's newspaper," exclaimed Jethro. As earnest Jethro continued his research into the aluminum question, he became more and more alarmed. "It seems that most people don't know that they're slowly being poisoned by that aluminum pot or pan that seems, on the surface, to be so economical and effective a way to cook." When a chemical analysis was done of food cooked in aluminum, it was found that the parts per million (p.p.m.) of aluminum were alarmingly high. It was found in an investigation done by the British Ministry of Health that "A concentration of 0.01 percent of aluminum hinders plant growth, while 0.03 kills nearly all plants in water culture." This report also stated that "alum salts are gastric irritants."¹

Here we come to some other famous aluminum products that Ellen G. White wrote about around 100 years ago—baking powder and baking soda. "The use of soda and baking power in breadmaking is harmful and unnecessary. Soda causes inflammation of the stomach and often poisons the entire system. Many housewives think that they cannot make good bread without soda, but this is an error. If they would take the trouble to learn better methods, their bread would be more wholesome, and to a natural taste, it would be more palatable."²

As far as we can tell from the evidence left in the writings of Ellen G. White, she did not know the specific reason *why* baking powder and soda were so harmful; but she was certainly right on target when the rest of the "medicine men" of her day didn't have the slightest idea that either one was harmful. Ellen G. White once said, "The whys and wherefores of this I cannot tell you but I give to you as is given to me." We can surmise that the inspiration of the Lord was upon her in this subject as well, for she was definitely ahead of her time in recognizing the harmful effects of baking powder and soda.

In fact, to this day "modern medicine men" still prescribe the proverbial ½ teaspoon of baking soda in water for upset stomach. But, again, what are the lasting results? Is it *really* a cure if there could be more long-range negative effects than short-term positive ones?

In Ellen G. White's day, there were not many products that contained aluminum. The cookware was made of iron or ceramic. The time when progress (so-called) would bring aluminum into life for so many different processes and procedures was future. Degenerative diseases like Alzheimer's, cancer and premature senility were not known as common occurrences as they are today.

"At Full Circle School for delinquent boys, we've analyzed hair for aluminum ever since the process became available in mid-1977. Every youth has had a higher-than-average hair aluminum level. These boys come mainly from the inner city's lower socioeconomic classes. Aluminum cookware is cheap and therefore a probable source of exposure. Further, over the years they have drunk copious quantities of soda pop and beer in aluminum cans. Since the hair of many of the boys also shows high levels of lead and copper and generally low levels of vitamins, it would be difficult to single out aluminum as the only cause of their behavior problems. Toxic metals often appear to interact synergistically, so that the combined effect of several heavy metals in the body is greater than the sum of the effects of each of the individual heavy metals."

Aluminum and the Mind

Dr. L. Kopeloff reported in 1942 that trace amounts of aluminum applied to the surface of the brain in animals will initiate seizures or fits. Dr. I. Klatzo demonstrated that the injection of aluminum salts into the fluid surrounding the brain results in degenerative changes

seen in some types of senile dementia. Other scientists have found that cats injected with aluminum are slow learners at experimental tasks. The level of aluminum in the cats' brains is exactly the same as the high level which has been found in the brains of patients suffering with Alzheimer's disease, one type of senility. Thus aluminum may be a poison involved in human senility.³

The range of products containing aluminum in our modern society is quite large. It extends from personal care products like deodorants, antacids and make-up, to aluminum foil used to wrap foods and aluminum cans in which soda-pop and other drinks are sold. Aluminum is added to most salt to prevent it from caking.

"As in the case of the other heavy metals, the best means of protection is simply to avoid these sources. Concerned that excessive aluminum might lead to early senility, I read labels carefully. If aluminum is an ingredient, I don't buy the product. Thus I avoid table salt which has aluminum in it. I wash often but don't use deodorants (when the diet includes enough calcium and magnesium, body odor is usually eliminated anyway), and if my stomach is upset, I never take an antacid. Why should I eat aluminum, when a little milk will neutralize my stomach acidity just as well without adding to my aluminum burdens?"⁴

"With the advance of Western civilization have come new sources of lead exposure also. The sealant used in tin cans (since 1824, widely since 1865), pewter, candy wrappings, toothpaste, cigarettes (since 1900), insecticides such as lead arsenate (since 1894), paint, bottled wines (since 1800), ceramics and kitchenware glazes, and scores of other elements of modern life all include the toxic metal, lead."⁵

Protection from Lead Poisoning

The first rule is to restrict your exposure to lead. Jogging alongside a busy street is an ideal way to increase your lead intake. Joggers should run in uncongested areas, late at night or early in the morning, before the traffic starts.

Live in the country, on the plains, in the mountains, or on the seashore. If you must live in a city, find a hillside where the cleansing winds blow freely. Al Maimonides said, "The concern for clean air is the foremost rule in preserving the health of one's body and soul." According to Maimonides, the smoke and pollution of the city, even when it did not cause outright disease, affected the health of city dwellers; they became duller and morally less sensitive.

Low dietary intake of the normal minerals, such as calcium, magnesium, copper, zinc, etc., increases the toxicity of lead and other toxic metals. Eating refined foods (white bread, white sugar) jeopardizes the body's mineral supplies and allows the lead and other heavy metals present in the body to exert their toxic effect. Further, a body deficient in the normal minerals is more likely to absorb lead and other heavy metals. Consumption of coffee, tea, or alcohol and the use of diuretics promote the loss of minerals through the urine.

Saturating the body with normal minerals protects against pollution from lead or the other heavy metals.

Organically grown fruits and vegetables are desirable because of their high mineral content.

Mineral supplements are helpful in avoiding lead toxicity, providing the supplements themselves are not contaminated with heavy metals. Dolomite may be hazardous in this regard, because it is mined in open-pit mines and is thus subject to atmospheric lead fallout. Similarly, bone meal, another common mineral supplement, may be contaminated with lead, because lead is stored in the bones of the animals from which bone meal is manufactured. Dr. Richard Kunin describes a Los Angeles woman suffering from lead poisoning who was taking bone meal daily. The bone meal was discovered to have 128 ppm of lead; two tablespoons of bone meal would give her 4 to 5 mg of lead daily. Brewer's yeast, on the other hand, grown on uncontaminated cultures, provides a useful and inexpensive mineral supplement, as well as being 50% protein and rich in the B-vitamins.⁶

Another poisonous heavy metal that we should be on the lookout for is mercury. "Mercury compounds are added to cosmetics to destroy microbial contaminants. The FDA is concerned that mercury is able to penetrate the skin when cosmetics are applied and perhaps build up toxic levels in the liver and kidneys."⁷

Conclusion

For those of you wondering what a good substitute would be for leavening agents like baking powder or soda, you can use "Featherweight" baking powder (which uses potassium rather than aluminum), available at your health food store. If you absolutely can't make it to a health food store, Rumford Baking Powder has a pretty high sodium content but has no aluminum products. Of course, the best kind of bread to buy or bake is the yeast raised type that will also give you the nutrients and enzymes found in the baker's yeast.

Something struck me as I gathered the information for this article. As I looked at all of the facts "recently" discovered concerning the most healthful diet and lifestyle, it dawned on me that all of the things that true science is finding today point us directly back to God's inspired messages in the Spirit of Prophecy. "Believe in the Lord your God, so shall ye be established; believe His prophets so shall ye prosper." 2 Chronicles 20:20, last part.

Let us lay aside every weight or hindrance that keeps us back from true health and follow on to know the Lord in all things. We may stand alone as did Daniel when he purposed not to defile or pollute himself; but we are assured that in this work we will not really be alone, for the Lord will stand with us. He desires above all things that we may be in good health (3 John 2); and as we comply with the simple conditions, He will bless us abundantly.



¹Edgar J. Saxon, *Why Aluminum Pans Are Harmful*, pp. 12, 13.

²Ellen G. White, *Counsels on Diet and Foods*, p. 344.

³Michael Lesser, M.D., *Nutrition and Vitamin Therapy*, p. 154.

⁴*Nutrition and Vitamin Therapy*, p. 155.

⁵*Nutrition and Vitamin Therapy*, p. 147.

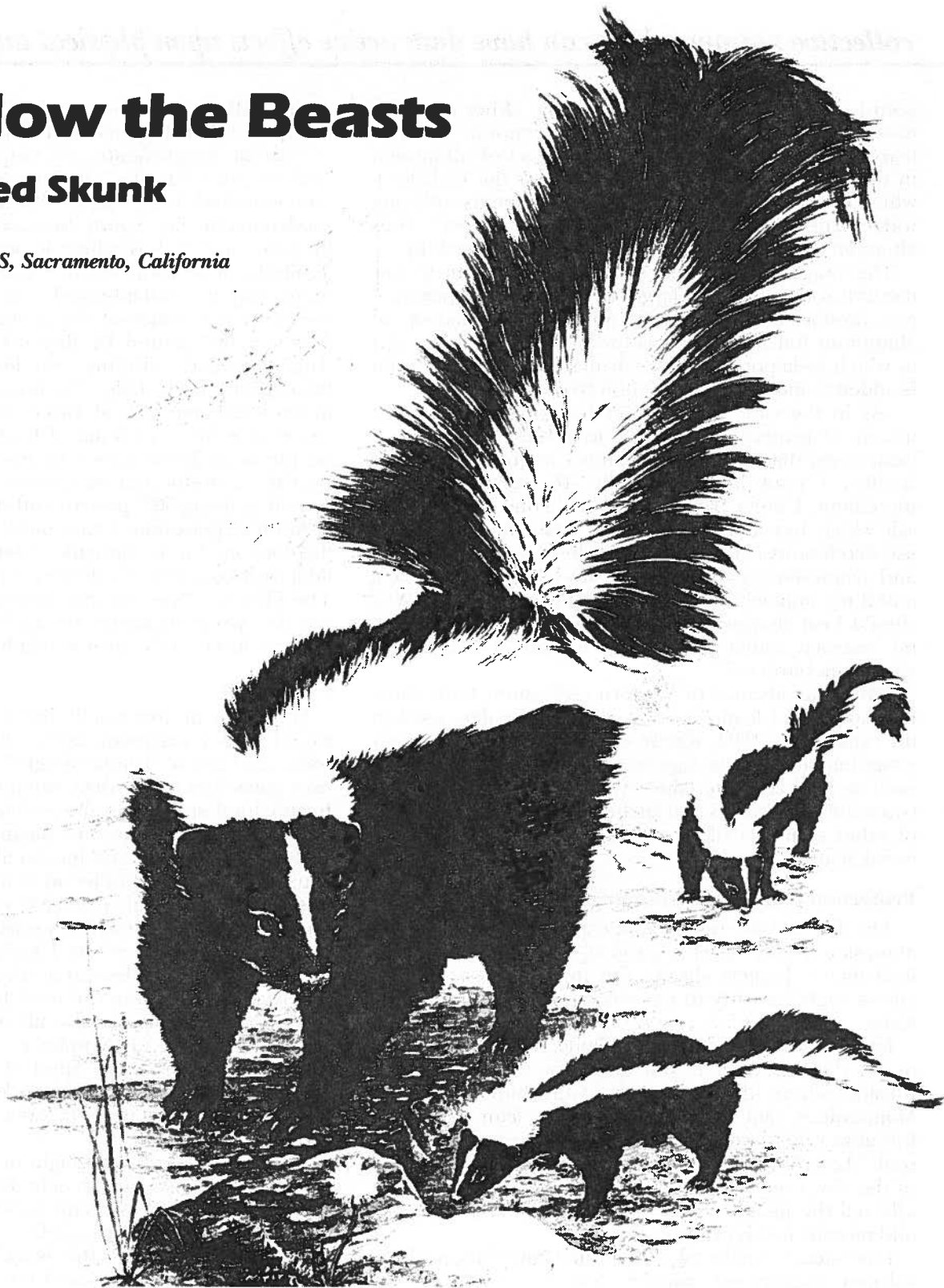
⁶*Nutrition and Vitamin Therapy*, p. 150.

⁷*Nutrition and Vitamin Therapy*, p. 153.

Ask Now the Beasts

The Striped Skunk

By RUTH JENNINGS, Sacramento, California



"Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, He it is that doth go with thee; He will not fail thee, nor forsake thee." Deuteronomy 31:6.

THE striped skunk attains a length of 24 to 30 inches, weighs 6 to 14 pounds and is between 7 and 15 inches tall. It is the nocturnal hunter of the woods and meadows. The striped skunk is the most popular of the 4 species of skunks. The 4 species are the hooded skunk, the

hognose skunk, the spotted skunk and the striped skunk. The spotted skunk is black with two broad white stripes on its back, meeting in a camp on the head and shoulders, with a thin white stripe down the center of its face. Its bushy white tail often has a white tip or fringe. Coloration varies from mostly black to mostly white.

In early spring the female gives birth to a litter of 3-5 young in an underground den or log which is lined with vegetation. The powerful scent glands give it confidence and this is shown in its bold, fearless lifestyle.

This defense mechanism gives it courage, and it is confident of victory. The skunk babies are born with their ears and eyes sealed shut, and they cannot use their "defense mechanism" until they are about one month old.

Skunks live on large quantities of mice, rats, chipmunks, shrews and harmful insects such as squash bugs, grasshoppers and potato beetles. They also feed on carrion—the carcasses of large animals, such as squirrels or woodchucks. Rarely do they destroy poultry or the eggs of ground-nesting birds. In fact, skunks are perhaps the greatest insect fighters among mammals, for they destroy more insects than all mammals combined. In Canada at one time, skunks destroyed more than 115,000 white grubs in a short time in an 8-acre tract. An outbreak of the range caterpillar in New Mexico was also controlled by skunks—60% to 90% of the skunk's diet at that time consisted of caterpillars. New York state passed legislation protecting these beneficial mammals for their part in effective control of the hop grub.

The skunk has a little more difficulty securing its live prey than do some other mammals, as it is not swift-footed and so is unable to chase down its intended victims. Instead, it digs out nesting mice and insects with its claws. It also slowly stalks or patiently waits for its victim. Once this victim reaches striking range, it pounces on its prey.

The skunk is really a friendly and beautiful animal and doesn't like to use its spray unless it really has to. It likes to peacefully go about its business with little or no concern or worry about anything. However, if it becomes frightened . . . beware! Its protective device may go into action and it may be aimed at you! And its aim is so-o-o accurate. It can look the enemy in the eye and swing its body around at the same time. With raised tail, it protrudes a tube out through the anal opening and aims for the eyes of its enemy. It is amazingly accurate from distances of 13 to 15 feet. This nauseous yellow spray penetrates the fur of an animal which only time can remove. It causes a burning in the eyes, causing discomfort for hours, and can be relieved by clean, lukewarm water. Believe it or not, this secretion (after being deodorized) is important to the perfume industry.

I would like to tell you about a little experience my father had when he was building a house many years ago when he had just come to this country from Europe. He had lost his sense of smell, and when he saw what he thought was a pretty white and black cat, he tried to catch it. He had on a coat with fleece lining, and he did not catch the "cat" as he thought, but he was not very welcome when he got home. Instead of a pretty black and white cat, he had encountered a skunk!!! It took several weeks of airing to get rid of the smell. Aren't you glad it wasn't you? By the way, skunks are frequently descended to make good pets.

Courage and confidence in victory

To draw a spiritual lesson from the courage and confidence of victory from the skunk, we think about David. The Philistines controlled the distribution of ore and learned the secret of making iron weapons. This gave them a decided military advantage. The Israelites, on the other hand, were armed with crude agricultural implements or slingshots and were in constant fear of the Philistines with their horses, iron chariots, sharp 2-

edged swords, daggers, spears, helmets and protective armor. The Philistines not only had superior weapons but also were men of huge stature and strength, possibly descendants of Rephaim, who had made the 12 spies in Moses' time feel like grasshoppers. In full array, they were practically invulnerable. It was the intent of the Philistines to subject Israel to slavery; and when Saul was giving resistance, the 5 lords of the Philistines organized. If the Lord had not supernaturally intervened in the battle at Mishmash, Israel would have been overtaken. David's brothers were in the battle, and his father asked David to take supplies to his elder brothers who were fighting. We know the story of Goliath and how he mocked the Israelite army, challenging them to hand-to-hand combat. This taunting of the army of the living God was unchallenged, and David became concerned and persuaded King Saul of his capability and was permitted to represent the army. (Read 1 Samuel 17 for this story.)

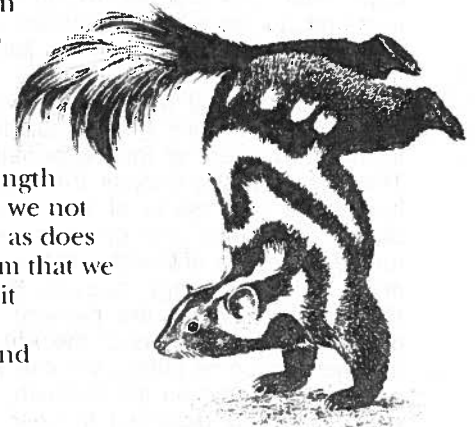
Refusing the armor offered by King Saul, David armed himself with only a sling, his shepherd stick, 5 stones, and a *confident trust in God* which is revealed in verse 37: "The Lord that delivered me out of the paw of the lion, and out of the paw of the bear, He *will* deliver me out of the hands of this Philistine." He did not even consider defeat and knew exactly what he was going to do. He had much practice in using his sling, and he even told Goliath what the outcome would be in verses 45, 46: ". . . But I come to thee in the name of the Lord of hosts, the God of the armies of Israel, whom thou hast defied. This day will the Lord deliver thee into mine hand; and I will smite thee, and take thine head from thee; . . . that all the earth may know that there is a God in Israel."

We know that even though David was a good marksman, it was God who directed that stone. That day the Lord's reputation was vindicated and magnified because of the courage of one godly man who was *confident of success and trusted in God*.

David was ashamed that his countrymen feared one who had taunted God's army, and he had spent many hours in reflection on the power of God. He had *confidence* that God would give the victory and vindicate His name and use him as His instrument of service.

In these days, Satan is vigilant and taunting, intent on destroying you and me and God's church on earth. When taunts are thrown out against God's work, what is our reaction? Are we concerned and are we willing to courageously face our foe, and in the strength of God resist him? Can we not courageously face him, as does the skunk and show him that we mean business? "Submit yourselves therefore to God. Resist the devil, and he will flee from you."

James 4:7. ☩





A LONG MISSIONARY JOURNEY

"But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto Me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth." Acts 1:8.

"Lift up thine eyes round about, and see: all they gather themselves together, they come to thee: thy sons shall come from far, and thy daughters shall be nursed at thy side. Then thou shalt see, and flow together, and thine heart shall fear, and be enlarged; because the abundance of the sea shall be converted unto thee, the forces of the Gentiles shall come unto thee." Isaiah 60:4, 5.

This is a short report about our work in some of the African and Asian countries, and in Australia and New Zealand.

My wife, Brother John McTavish and I first visited South Africa and Zimbabwe. That was our personal vacation. We visited there for four weeks in September 1984. We had several meetings and studies with our believers and with those who are interested in joining the church.

The message of the Reform Movement spread into the African countries in the early years of this Reformation. The gospel of the present truth found its way to the hearts of the African people, and they are grounded and rooted in the love of Christ, and that has made them a happy people. Many enthusiastic workers are carrying the message to many parts of the African continent. In some places we met with a hundred people on the Sabbath. We were especially delighted to hear the young people sing hymns in well organized choirs. We noticed with pleasure how their children are disciplined, and

how they behave so well in the church meetings.

I had previously corresponded with some of our members in South Africa, and when I met a few of them at the General Conference Session in 1983 in West Germany, I promised them I would visit them sometime in 1984. With that purpose in mind, my wife, Brother John McTavish and I went to South Africa last September.

I strongly believe that our visit to those African countries was a blessing to them and to us. We are all experiencing closer relations with each other and are encouraged in our hope for salvation. We left them in faith that we will visit them again while yet on this earth or on the sea of glass. Then we returned to Canada for a few days to repack our luggage for my official trip to the Asian countries, Australia, and New Zealand. My wife and Brother John McTavish decided to accompany me on that long journey also.

We visited the Philippines, India, Sri Lanka, Indonesia, Australia, and New Zealand. By the way, we also stopped in Japan and Singapore.

In each of those six countries we held public meetings, Bible studies, baptisms, and organization of their respective conferences, and in some countries ordination of brethren for the ministry and local church eldership.

In the Philippines we stayed 20 days—from October 10 to 29. The Republic of the Philippines occupies an archipelago in the western Pacific of about 7,100 islands. There we had two Field conferences and one Union conference. At the first Field conference no baptism was held because most of the believers wanted to be present at the Union conference; and those who

wanted to be baptized were baptized at that Union gathering. At the second Field conference, five souls were baptized. But at the Union conference 63 people were baptized, most of them young people. That was a wonderful assembly with about 180 people present. There would have been more people there if there had not been a strike of all transportation systems the same week when our members wanted to come to the conference. At the same conference there was an ordination service to the ministry and local church eldership.

After visiting the Philippines, we stayed in India from November 1 to 20. There we visited more than a dozen churches and groups in different places. For 20 days we traveled almost every day to a new location. On the Sabbath we visited more groups than on any other day of the week. The transportation was by many different means, but God helped us to endure all these circumstances.

In that country of 760 million people, there are 16 official languages and many different religions. We found many members of our Reform Movement who profess the same faith as do all our members elsewhere in the world. There we witnessed several baptismal services, acceptance into membership, and one wedding service. We participated in the Lord's Supper ordinances, gave sermons and lectures, and made visits to groups and individuals. One Sabbath evening we visited one of our members,



Brother Abraham, a 104-year-old man, who can still walk and talk and remember many things that happened in his long life.

Before the last Sabbath of our stay in

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India, a cyclone devastated the eastern part of that country. It destroyed a large part of the railroads and highways so that many of our believers were not able to come to a conference at which about 50 people were to be baptized. The conference could not be postponed for one week because our program required that we go to Sri Lanka. We left India in the hope that those souls would be baptized sometime later. We have very capable leadership in India and a dozen hard-working evangelists doing their duty in the best way according to their possibilities.

In Sri Lanka our stay was limited to November 20 to December 1. There we had a very joyful conference despite political unrest in that country. For two days we were not permitted to leave the house belonging to the brother we stayed with, the leader of that field. Our meetings were postponed for a week because of a curfew imposed by the government as the consequence of killings carried out by a rebellious group of people on that island.

At the conference we held sermons, Bible studies, baptism, ordination to the ministry, and organization of that field. The Week of Prayer began that Friday. We were able to visit our members and friends everywhere on that large island in spite of the danger that we faced.

We left that Field conference in the hands of very spiritual and united brethren.

In Indonesia, we stayed 9 days—from December 1 to 9. That country comprises about 13,000 islands. The population of Indonesia is 160 million. We first stopped in Jakarta, the capital city. On the day after our arrival we had baptism and the Week of Prayer meeting. Then we had to fly more than one thousand miles to the place where the conference was to be held. The conference was well attended and very successful. There we had Bible studies, sermons, wonderful young people's programs, acceptance into membership, organization of the Field conference, baptism, and good plans laid for the future work in that country. The Week of Prayer ended on that Sabbath with readings, prayers, fasting, and collection of the donations for the gospel work.

Our young people, who were in noticeably large numbers at that conference, sent their best regards to the young people of this Reformation all over the world.

In Australia our time was set for December 9 to 31. Our first stop was in Perth, the capital city of Western Australia. There we stayed two days with a family who are lightbearers of the Reform Movement in that area. We had

Bible studies with interested people there, opening to them the treasures of the gospel of the present truth. Then we visited several other places on the eastern side of Australia and had a Field conference in Toongabbie, close to Sydney. Not all the members could be present at that gathering because of the long distances they would have to travel. The conference was a prosperous one, and good plans were laid for future work. In Australia we need more evangelists to expand our work in many parts of that large country.

On New Year's Day we went to New Zealand. We stayed there nine days and opened our work in that country with a strong foundation in the hope that we will have more members there in the near future.

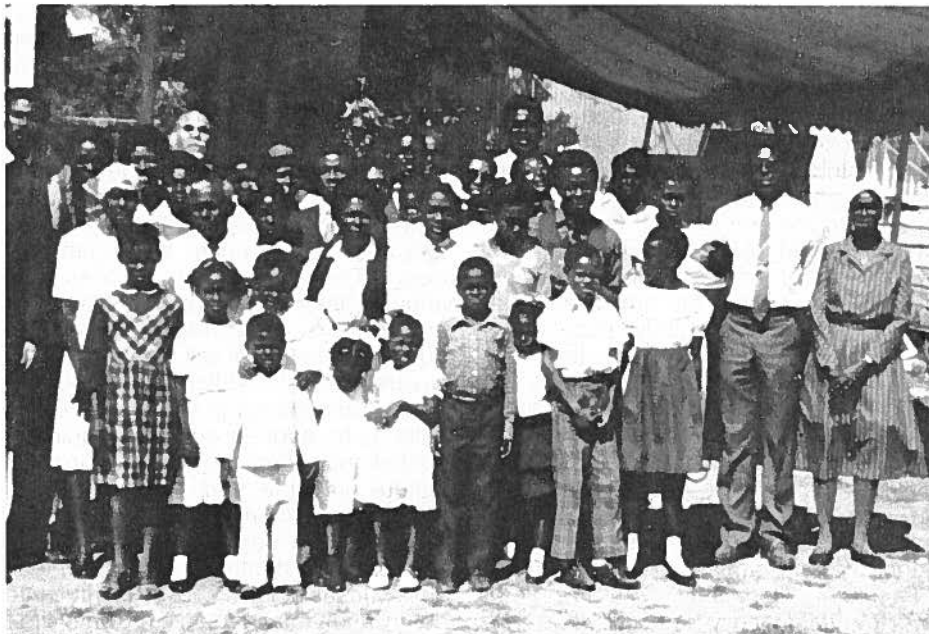
By the grace of God my wife and I arrived home safely and in good health on January 14 of this year. We left Brother John McTavish in New Zealand to visit Australia again and return to Canada at the end of February.

Our trip was a long one, and we constantly moved from place to place and saw different areas, climate, and people. But it was a very successful journey. God was with us and protected us from all danger that we faced in most of those countries.

B. CHOLICH

ANNUAL REVIVAL CONFERENCE JAMAICA MISSION FIELD

December 25-30, 1984



It was with great joy and anticipation that our Third Annual Revival Conference began on the cool evening of Tuesday, December 25, as the President of the American Union, Elder Henry Dering, assumed chairmanship of the business meeting at approximately 6:20 p.m.

The election of Church Officers for 1985 and other business matters were smoothly dealt with. Following the first business session, the kitchen crew, headed by Sisters Clover Grant and Isabel Rankin, served the first of many delicious and nutritious meals.

Wednesday evening, December 26, we had a wonderful song service, conducted by Brother Raymond Smikle, after which Brother J. Hugh Smikle, our local church leader, declared the conference open to the public—introducing the theme "That We May Be One;" and the aim—"To Take The Present Truth to More People In '85."

Brother Morris Lowe and Brother Ian Grant gave the opening welcome and prayer respectively, and Brother J. Hugh Smikle read letters of greeting from believers in foreign lands.

The young people, directed by our

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elderly Brother Eleazer Barnett, presented the song, "Called Unto Holiness"—expressing the magnificent will of God for His remnant people. The theme song, "They'll Know We Are Christians By Our Love," was then sung by the visitors and believers.

Following the singing of the theme song, Elder Dering gave his greetings and welcome and then presented a most wonderful opening message, "A Changeless Christ in a Changing World."

It was clearly shown that practically everything in this world is undergoing constant change. Fashions, prices, medical technology, the morality of society, and people are all examples of variables. Changes are usually negative. But what great joy and assurance to God's children—we have "a changeless Christ" in this changing world! "Jesus Christ the same yesterday, and to day, and for ever!" Hebrews 13:8.

We can safely confide in our Father in these final days of combat, because with Him there is "no variableness, neither shadow of turning." James 1:17. Let us build our characters on this changeless, eternal Christ.

Following Brother Dering's message, Brother J. Hugh Smikle directed a most revealing prophetic Bible class which underscored the origin, nature and purpose of "The Voice of Prophecy" in the great plan of redemption. It was shown that prophecy is God's answer and challenge to a rebellious, skeptical world and all false gods. God's challenge in Isaiah 41:21-23; 44:6-8; 46:8-10; 48:3 has never been, and will never be, met. Jehovah stands eternally supreme and unconquerable.

Babylon, Nineveh, Sidon, Tyre and Egypt have all bowed to the voice of prophecy. The voice of God echoes to us today in the Scriptures and the writings of Sister Ellen G. White. Let us obey His voice and prosper.

Our final message on Wednesday delved into the love of God, "agape"—which is "thicker than blood, stronger than death." Jesus Christ, the only begotten of the Father, manifested this on Calvary. We receive this love through conversion and union with Christ. Let us nourish and share it by doing missionary work within and without the family and the church. Agape' will unify the church and prepare it for the outpouring of the latter rain.

Thursday was a wonderful, educational day. We began at 9:30 a.m. with a solemn devotional session. The Lord clearly revealed the corrupting power of bitterness within the church. Brother Ian Grant admonished and instructed us in

"uprooting that root of bitterness" so that brotherly love and harmony can increase and flourish.

A workshop on personal evangelism, conducted by Elder Dering and Brother J.H. Smikle furnished invaluable counsel for personal soul winning. The A.I.D.C.A. (short for Attention, Interest, Desire, Conviction, Action) principle for soul winning was fully explained and recommended. We must get the attention of the person, and show sufficient interest in him/her and work earnestly to encourage him for God and salvation. The Holy Spirit brings conviction, and then the soul must act.

"Temperance in all things has more to do with our restoration to Eden than men realize. . . . The transgression of physical laws is the transgression of God's law." "It is as truly a sin to violate the laws of our being as it is to break the Ten Commandments."—Ellen G. White, *Counsels On Diet and Foods*, pp. 43, 17. This was the essence of Sister Clover Grant's counseling session on the importance of health reform in our complete recovery from sin.

Following these counsels, Brother J.H. Smikle and Brother Ian Grant, our missionary leader, launched the special organized missionary program for 1985. This program ensures that missionary work will be done every day (except Sabbaths) by members of the church in one or more of the following categories: (i) Public Effort (street meetings & crusades), (ii) Person-to-person Bible Studies, (iii) House-to-house Witnessing (iv) Hospital Visits and (v) Poor/Dorcas Work.

All members pledged their cooperation and were grouped in teams working in a specific area of the community. Each team will purchase its own literature and report to the Missionary Leader from time to time about the progress of their efforts. Each team will work closely with souls in their assigned area, studying with them and inviting them to church services.

Toward the end of 1985 we will have a major evangelistic crusade for these souls, so that they can take their stand for Present Truth. This organized missionary program will surely succeed.

Elder Henry Dering gave the final message for Thursday—"There Go the Ships." We are like ships sailing on life's seas and oceans—carrying different cargo, traveling at different speeds—all having a destination—the eternal harbor of heaven, or eternal damnation. We must ask ourselves the question, "What kind of ship am I?" Am I "Hope," "Faithful," "Christian?" Am I a seaworthy missionary lifeboat rescuing

perishing souls from the billows of sin and damnation? What is your cargo—love, hatred, strife? Who is at your helm, your Captain . . . Christ or Satan?! "There go the ships!"

Friday morning, December 28, Brother J.H. Smikle spoke on the topic "We Are Laborers Together with God." We were reminded of our great obligation to be co-laborers with Christ and the holy angels in the plan of human redemption. None can share the joy or reign with Christ without first entering into His labors in this life. We must gladly yoke up with Him in the work of soul saving; and then, if faithful to the end, we shall rejoice with Him when all the redeemed gather in the eternal home. Let us cherish this great honor God gives us in calling us to be co-workers with Him. Let us work earnestly *now*, for the night of eternal despair is swiftly coming.

Following our devotional session, the majority of the believers went house-to-house witnessing in the neighborhood.

After dinner and Sabbath preparations, Brother Henry Dering welcomed the Sabbath with the solemn message, "Is There a Leavening Process in the Church?" Have we allowed sin and worldliness to creep into our lives and into the church? Have fashion, unfaithfulness in health principles and Sabbath observance, secular books and recreation imperceptibly leavened us? Are we stepping stones or stumbling blocks to others? (Romans 14:21; 1 Corinthians 8:9). It is very expensive to win one soul. It cost Christ terrible agony, infinite condescension and His life. It costs the church much time, effort and money. What are we doing to rescue souls? The work must first begin with ourselves, and then we can help others to reform evil. Then we can truly cry aloud and show the people their sins.

Following Brother Dering's message, Brother Ian Grant exhorted us with the message, "Faithful Unto Death." He admonished us to be faithful to God in all things—from the least to the greatest, and at all times, under all circumstances. "The season of distress and anguish before us will require a faith that can endure weariness, delay, and hunger—a faith that will not faint though severely tried." —Ellen G. White, *The Great Controversy*, p. 621. Jesus Christ calls us to stand in our lot and join the host of godly men and women who were faithful unto the end. Nothing less is required of each member of the church. Can the Lord depend on us to prove faithful unto death in these perilous days? Jesus bids us, "Be ye faithful unto death, and I will give you a crown of life."

Newsnotes

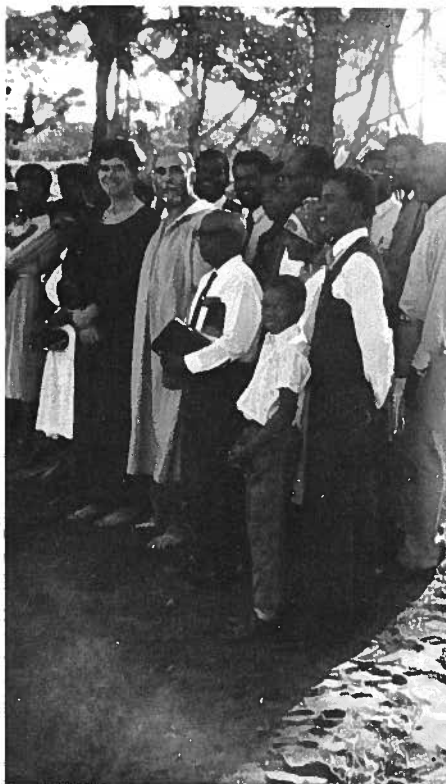
Sabbath morning brought many believers and friends together under the tent to praise God. We had a wonderful Sabbath school; and Brother Dering presented a message on the theme "That We May Be One" during the divine hour. Unity is strength; but division is defeat. "A kingdom divided against itself cannot stand"—let alone the church! We must individually pay the cost for unity (self-crucifixion) and allow the Holy Spirit to convert us and present us a united front against Satan—so he will be vanquished.

Sabbath afternoon the children gave a special hour of thanksgiving and praise to Jesus, as they sang songs and recited poems and Bible verses. Brother Michael McNeish and Sister Clover Grant prepared and chaired the children's hour.

The children's hour was followed by a special presentation by the young people, entitled, "Reviewing Our Heritage." This took the form of a skit depicting the history of the Advent Movement from the First Angel's Message proclaimed by William Miller and his associates—to the present-day Reformatory Movement. The major events leading up to the "... great Reformatory Movement" were described, and we were made to better understand and appreciate our spiritual heritage as Seventh-day Adventist Reformers.

We closed the holy Sabbath with lovely hymns and exhortations from the Word of God by Brother Morris Lowe.

Early Sunday morning we traveled about 10 miles out of the city (Kingston) to Gun Boat Beach, where one precious soul—Brother Emeldo M. Dunbar—sealed his covenant with the Holy Trinity by baptism.



Returning to the church at 2 Rosseau Road, Brother Dunbar was accepted into the household of faith, after which

all the believers present gave public testimonies of thanks and recommitment to God.

Preceding the holy communion and the Lord's Supper, Elder Henry Dering spoke on "The Most Wonderful Sentence Ever Written"—John 3:16. The Lord has used this sentence to save thousands of fallen human beings. Calvary is God's supreme, amazing declaration of love, justice and mercy—where every soul is pardoned or condemned for his acceptance or rejection of Christ's atonement. What will we do with such an amazing gift? Shall we not love, serve and adore Jesus for what He has done and is still doing for us sinners?

Following the Lord's Supper, Elder Dering officially closed our Third Annual Revival Conference. We give God the glory for the great things He taught us during the conference and the warm fellowship we shared.

We are happy to report that souls are still taking their stand for God. Before this report is published, more souls will have been baptized and added to the ranks of Christ's soldiers in Jamaica. Christ's voice is echoing loudly and clearly throughout the world, and His sheep are answering His call. "They are coming one by one to join the Reformation until the work is done." We shall hope and confide in His loving guidance and generalship throughout the untried year, 1985. Amen!

MORRIS M. LOWE, Secretary
For the Jamaica Mission Field

BAPTISM IN NEW YORK

With great rejoicing part of the Lord's family on this earth congregated on Sunday, December 2, 1984, to witness the baptism of two souls, Daniel Garcia and his wife Reina, who decided to unite with God's remnant people.

After Elder Henry Dering completed the solemn ceremony, we returned to the church located in the Bronx, New York, where we witnessed the acceptance into church fellowship of these two souls.

Remembering the words of Proverbs 25:25, "As cold waters to a thirsty soul, so is good news from a far country," we want to send this good news from New York City to the different parts of this earth to refresh those souls who are thirsty for the water of life.

May the Almighty God bless both Daniel and Reina to be living stones in His temple.

NIDYA SANCHEZ
Church Secretary



God, the Lord over life and death, laid our dear

SISTER BERTA LISKE

to rest on December 21, 1984, after a short illness, at the age of 84. Sister Liske, who was born in Poland and went through many hardships, came to Canada 18 years ago. She lived the truth for many years and was a true Reformer.

Elder Evald Pedersen spoke words of comfort from the Scriptures to the family and friends left behind and pointed them to the glorious resurrection, when all the redeemed will be united with those who were dear to them in this life. May we be found faithful to meet our dear sister again on that glorious day!

For the Toronto church
FRANZISKA S. PEDERSEN

Take the Time . . .

Take the time now to send in your reservations for this summer's Conference . . .

Take the time now to send in your subscription to **The Sabbath Watchman** if you haven't done so already . . .

Take the time now to send a gift subscription to **The Sabbath Watchman** to that friend you talked to about the Lord or to your doctor's or dentist's waiting room . . .

Take the time now to include a donation to the Foreign Literature Fund with your conference reservation or **Sabbath Watchman** subscription . . .

We take the time now to say

THANK YOU

to those who have helped through their prayers, contributions and time. God bless you.

IN THIS ISSUE

EVOLUTION—FACT OR FAITH? page 2

In examining the evidence for evolution via unbroken links to higher forms, we find that this is a science falsely so called. The odds against evolution occurring are not just astronomical but impossible. All the laws of nature are against it. Examine the evidence brought forth in this timely article; but remember that even if we could prove creation, our relationship with our Creator and Redeemer is still a matter of faith.

GOD'S WILL AND MAN'S WILL UNITED page 6

The will is not the taste or the inclination, but it is the deciding power which works in the children of men unto obedience to God or unto disobedience. You cannot control your impulses, your emotions, as you may desire; but you can control the will, and you can make an entire change in your life. By yielding up your will to Christ, your life will be hid with Christ in God and allied to the power which is above all principalities and powers.

SEVEN POINTS DISTINGUISHING TRUE REFORMATION page 8

The majority has always rejected the remnant. In spite of this the work of God has gone steadily forward as His people have looked to the Author and Finisher of their faith. Those who are seeking to uplift the divine principles will be separated from those who have disregarded God's requirements. In our day few are listening for the voice of God and ready to accept truth in whatever guise it may be presented. Instead of following the path of light and supporting those who are upholding God's downtrodden law, many present it as the work of Satan.

ELEVATOR TO HEAVEN page 10

Catch the elevator and press the button that will take you up and not stop until you reach the Throne of Grace. Are you ready for the ride? What would you do if it were a possibility this very day? What or who would you look for first? It's a one-way trip. Are you ready?

HEAVY METAL: RECIPE FOR POISON page 12

Aluminum, lead and mercury are bad for you. This article examines the whys and wherefores behind avoiding these trace elements that we are often exposed to without knowing it. This interesting study presents a balanced view for avoiding three things that can permanently damage the health.

ASK NOW THE BEASTS—The Striped Skunk page 14

The skunk's defense mechanism gives it courage, and it is confident of victory. This example from nature encourages us to face our wily foe and in the strength of God resist him. "Submit yourselves therefore to God. Resist the devil, and he will flee from you."

NEWSNOTES page 16

A Long Missionary Journey. Annual Revival Conference in the Jamaica Mission Field. Baptism in New York. Asleep in Jesus.

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