

4 FOUR STEPS TO INNER PEACE AND HAPPINESS



Every human being longs for genuine peace and happiness.

Is it possible to find it in material things, amusements, honor, sex, drugs, or alcohol? Certainly, not. These are false sources.

The well-known actress Marilyn Monroe once said to a journalist: "I am admired for my beauty, I have money, I lack nothing. But I have never been happy."

But, do peace and happiness mean not having problems? How can we find peace with God, the security of His forgiveness, a reassuring and steady hope, and the certainty that if we die today we will obtain eternal life?

WHAT IS THE KEY TO FINDING PEACE AND HAPPINESS?

1. **What is the name of that key? Hebrews 11:6.** _____

2. **Faith is not:** *Assuming something or having an uncertain opinion. For example, "I think the sun will come out tomorrow" or "I think this or that may happen."*

- A mere affirmation.

- A fleeting feeling.

- To just speak about a religion.

- To take something as given. This is only part of it.

What is true faith? Hebrews 11:1 _____

- Unwavering trust in God's promises.

- Believe in God and in His word.

- To know, trust, and surrender to someone selectively.

- We should have genuine faith in Christ, the Author of life and the Bible.

FOUR STEPS IN THE DEFINITION OF FAITH (HEBREWS 4:16)

3. **Step one: TO KNOW JESUS.**

What is knowing Jesus related to? John 17:3. _____

We should know in what and in whom we believe.

4. **Who is Jesus?**

a) *The eternal Son of God. (Matthew 16:16)*

b) *The Creator. (John 1:1-3,14; Col. 1:16)*

c) *The Lawgiver. (Nehemiah 9:13, 1 Corinthians 10:4)*

d) *The Saviour. (Luke 19:10)*

e) *Our Friend. (John 15:14, 15)*

f) *Mediator. (1 Timothy 2:5)*

g) *Lord and King. (Revelation 17:14)*

h) *Judge. (Acts 10:42)*

5. **What has He done for me?**

a) *He was made in the likeness of men. (Philippians 2:7)*

b) *He lived without sin. (Hebrews 4:15)*

c) *He took my _____.* (Isaiah 53:5-6)

d) *He died in my place, for my _____.* (1 Corinthians 15:3)

e) *He rose from the dead. 1 Corinthians 15:20.*

f) *He intercedes for me. 1 Timothy 2:5.*

g) *He promised to come back and take me with Him. John 14:3.*

6. **Step two: TO TRUST IN JESUS. What is His greatest virtue? John 3:16** _____

As I see His love, I will open my heart to Him, I will trust Him, and I will tell Him all the things that worry me.

7. Step three: TO ACKNOWLEDGE MY SINS. What should His love lead us to? Romans 2:4.

8. What should we do with our sins? 1 John 1:8, 9. (Psalm 32:5) Isaiah 55:6, 7.

We do not need to make great physical sacrifices, go on pilgrimages or take vows to be forgiven by God. He wants our heart. He wants us to confess and forsake our sins. (Proverbs 23:26).

9. Step four: TO ACCEPT JESUS AS OUR SAVIOUR AND LORD. Revelation 3:20. What is the difference between accepting Jesus as our Saviour and as our Lord? John 1:12.

a) As my Saviour, I must believe _____ in my place.

b) As my Lord, Master, and Ruler, I must obey His _____.

Let us say with Paul, "Lord, what wilt Thou have me to do?"

GENUINE AND TEMPORARY FAITH

10. What is the difference between genuine and temporary faith?

- a) Genuine faith has to do with our entire being, since we are three-dimensional beings.
 - REASONING (mind): Knowing Jesus and believing He exists.
 - HEART (feelings): Trust Him, open our heart, and confess all our sins to Him.
 - WILL (decision): Be willing to obey Him.
- b) Genuine faith means surrendering to Him.
- c) We need not be perfect to come to Christ. Let us go to Him as we are. (John 6:37).
- d) We need to let Him come into our life and overcome our ego. When our ego reigns, all our interests revolve around ourselves. When Christ is in the throne of our heart, our interests will be fixed on God.
- e) We should make an agreement with Him, a covenant of love, just as in marriage.

THE RESULT

11. What will we become through Jesus? 2 Corinthians 5:17. _____

12. What does God promise us regarding our sins? Micah 7:18, 19. Isaiah 1:18.

We can rejoice in salvation, for He who has the Son has life.

13. What does Jesus offer to every soul who accepts Him? John 14:27

Inner _____ . We will be reconciled with God.



CONCLUSION

God wants to make you happy today! He wants to forgive your sins and give you salvation. He wants to call you His child today. The question is: Will you allow Him to? Do you accept Jesus in your life as your Saviour and Lord? Confess this to God now in prayer.

My decision: *I accept Jesus Christ as Saviour and Lord of my life and I want to follow in His foot-steps through faith.* Yes No
